



## 2021 Ultra Masters All Canadian Throwing Hwards

M75 Hammer (36.53m)

M75 Javelin (35.05m)

M75 Weight (15.55m)

2015

M75 Super Weight (8.01m)

M75 Shot Put (10.59m)

M75 Ultra Weight (2.56m)

M75 Throws Pentathlon (3953 points)

Is Awarded To

## Harnek Toor

Congratulations!

January 30, 2022

Jody Cranston

Jody Cranston, President

Dave McDonald

Dave McDonald, Founder



