2021 Ultra Masters All Canadian (UMAC)
Throwing Awards
Updated January 30th, 2022

Performances updated from 'Rankings - MasterRankings.com' and 'Rankings - Athletics Canada'

Men's Discus

Surname	First	Age	Result (m)
Brodeur	Don	70	34.55
Butcher	Bruce	87	19.32
Deady	Michael	67	44.10
Dhillon	Bakhshish	83	22.66
East	Les	82	23.18
Forshaw	Eric	52	52.61
Foster	Bruce	75	36.27
Gautier	Paul	56	40.28
Glowacki	Marek	80	29.51
Kosierb	Marcel	63	43.52
Lafrenaye-Dugas	Marc-An	30	48.64
Louis-Seize	Simon	36	42.96
Mayer	Jean-Pierre	73	38.53
Parsons	Dan	53	49.17
Peters	Jo	67	43.00
Ransky	Mike	50	57.29
Szafranski	Longin	69	41.33
Sze	Paul	52	43.39
Tunks	Json	46	51.60
Vannini	Phillip	46	38.43
Warner	Damian	31	48.67
Warren	Thomas	75	29.76

Women's Discus

Surname	First	Age	Result (m)
Acton	Mrytle	88	14.77
Andres	Rachel	34	57.78
Begg	Denise	70	17.41
Brady	Janet	66	17.55
Brand	Kathy	79	16.38
Brown	Jennifer	41	34.56
Carlos	Nicole	47	36.40
Carty	Anita	63	19.31
Dajia	Kristen	58	31.72
Dalgleish	Christine	57	21.31
Diener	Andrea	46	37.15
Easton	Leah	56	22.48
Fisher	Heather	67	19.28
Guy	Melanie	43	38.37
Hare	Rose	73	21.38
Harris	Joan	59	21.49
Hessel	Laura	68	23.10
Jolicoeur	Jovette	61	22.52
Jones	Terri	64	19.11
Leblanc	Heather	60	20.89
McKenzie	Paula	50	33.83
Miklos den Iseger	Joanne	75	17.36
Nakano	Yuko	77	26.43
Pomietlarz	Monica	62	29.64
Radcliffe	Margaret	79	16.41
Rochefort	Emilie	40	28.21
Rollins	Betsy	71	19.71
Rowswell	Adri	80	18.39
Sharman	Tina	45	35.91