2021 Ultra Masters All Canadian (UMAC)
Throwing Awards
Updated January 30th, 2022

Performances upgraded from 'Rankings - MasterRankings.com' and 'Rankings - Athletics Canada'

Men's Javelin

Surname	First	Age	Result (m)
Beamish	Lee	61	42.50
Brault	Louis	55	48.81
Burns	Louis	78	28.60
Butcher	Bruce	87	18.93
Chalmers	Larry	92	10.70
Ehr	Mike	41	52.09
Foster	Bruce	75	27.90
Glowacki	Marek	80	26.45
Lakshmanan	Ramakrishnan	43	53.02
Morfitt	Graham	54	53.73
Myrick	Lee	43	48.34
Northcott	Al	70	38.32
Peters	Jo	67	36.57
Toor	Harnek	75	35.05
Ulis	David	73	32.30
Warner	Damian	31	63.44

Women's Javelin

Surname	First	Age	Result (m)
Acton	Mrytle	88	12.61
Banks	Jennifer	53	23.55
Begg	Denise	70	15.58
Benz	Marilyn	71	20.52
Bortignon	Christa	84	11.72
Brady	Janet	66	17.77
Brand	Kathy	79	17.03
Carlos	Nicole	47	31.80
Cesaroni	Diana	52	24.52
Diener	Andrea	46	30.54
Gleadle	Elizabeth	32	61.41
Hann	Sharon	61	19.48
Hare	Rose	73	16.07
Harris	Joan	58	22.12
Hessel	Laura	68	21.68
Jolicoeur	Jovette	61	19.21
Jones	Terri	64	22.50
Lauridsen	Susanne	63	18.68
Legace	Rebecca	44	30.88
Merritt	Olivia	30	43.20
Miklos den Iseger	Joanne	75	18.59
Nakano	Yuko	77	19.66
Pomietlarz	Monica	63	29.64
Radcliffe	Margaret	79	22.50
Rollins	Betsy	71	19.56
Rowswell	Adri	80	13.52
Smaggus	Lynn	44	30.46
Wagner	Claudia	51	23.56