# 2022 Ultra Masters All Canadian (UMAC)
# Throwing Awards
### Updated February 22nd, 2023

**Performances updated from 'Rankings - MasterRankings.com' and 'Rankings - Athletics Canada'**

## Men's Weight Throw

| Surname | First | Age | Result (m) | | Surname | First | Age | Result (m) |
|---|---|---|---|---|---|---|---|---|
| | | | | | | | | |
| Bains | Mohan | 72 | 14.41 | | | | | |
| Butcher | Bruce | 87 | 9.22 | | | | | |
| Chalmers | Larry | 93 | 6.73 | | | | | |
| East | Les | 82 | 11.24 | | | | | |
| Essex | Alan | 70 | 12.75 | | | | | |
| Gautier | Paul | 57 | 16.12 | | | | | |
| Glowacki | Marek | 81 | 15.40 | | | | | |
| Hessel | Patrick | 70 | 12.85 | | | | | |
| Holly | Cory | 64 | 14.47 | | | | | |
| Jean | Philippe | 30 | 17.83 | | | | | |
| Jefferson | David | 77 | 11.00 | | | | | |
| Kasperski | John | 78 | 10.66 | | | | | |
| Lafrenaye-Dugas | Marc-Antoine | 30 | 18.02 | | | | | |
| Lowe | Mark | 52 | 16.57 | | | | | |
| Macdonald | Mike | 45 | 11.88 | | | | | |
| Morfitt | Graham | 55 | 14.05 | | | | | |
| Parsons | Dan | 54 | 17.42 | | | | | |
| Parsons | Dan | 55 | 17.64 | | | | | |
| Sandhu | Hardev | 73 | 14.22 | | | | | |
| Szafranski | Longin | 70 | 14.76 | | | | | |
| Tatla | Saroop | 72 | 12.01 | | | | | |
| Thomsen | Ryan | 43 | 12.82 | | | | | |
| Toor | Harnek | 76 | 15.74 | | | | | |
| Townsend | Ken | 77 | 11.98 | | | | | |
| Wiebe | Shane | 52 | 14.05 | | | | | |
| Wilson | Kier | 50 | 14.30 | | | | | |
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