2022 Ultra Masters All Canadian (UMAC)
Throwing Awards
Updated February 23rd, 2023

Performances updated from 'Rankings - MasterRankings.com' and 'Rankings - Athletics Canada'

Men's Super Weight

Surname	First	Age	Result (m)
Bains	Mohan	72	6.72
Parsons	Dan	55	7.03
Toor	Harnek	76	6.42

Women's Super Weight

Surname	First	Age	Result (m)
Carlos	Nicole	48	7.19
Dalgleish	Christine	58	6.40
Harris	Joan	60	7.12
Wong	Celina	60	7.83

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Men's Ultra Weight

Surname	First	Age	Result (m)

Women's Ultra Weight

Surname	First	Age	Result (m)

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Men's Throws Triathlon

Surname	First	Age	Points
Parsons	Dan	55	2215

Women's Throws Triathlon

Surname	First	Age	Points