

**2023 Ultra Throw Club Championships
Throws Pentathlon & Throws Triathlon Results**

Throws Pentathlon

Name	M/F	Age	Hammer		Shot Put		Discus		Javelin		Weight		TOTAL PTS
			D (m)	pts	D (m)	pts	D (m)	pts	D (m)	pts	D (m)	pts	
Robbin Whachell	F	60	18.04	345	6.99	494	21.88	552	19.15	479	8.43	411	2281
Jim Dyer	M	80	33.23	663	8.5	594	0	0	17.81	338	13.16	671	2266
Ken Townsend	M	79	27.61	535	8.19	593	25.77	544	23.03	454	10	521	2647
Harnek Toor	M	77	32.33	645	9.93	745	25.65	541	29.03	610	14.34	798	3339
David Ulis	M	75	27.88	541	8.45	616	29.62	646	24.67	497	10.1	527	2827
Saroop Tatla	M	73	30.25	517	8.03	513	26.63	489	22.28	366	11.49	553	2438
Paramjit Gill	M	64	0	0	9.04	550	26.61	380	22.48	310	10.47	482	1722
Andrew Arthur	M	61	25.84	380	8.52	512	32.45	490	24.44	348	11.32	531	2261
Shawn Stevens	M	51	33.45	476	9.79	564	32.3	515	25.04	310	11.54	537	2402

Throws Triathlon

Name	M/F	Age	Shot Put		Discus		Javelin		TOTAL PTS	
			D (m)	pts	D (m)	pts	D (m)	pts		
Alan Coles	M	61		8.37	501	26.15	372	35.98	577	1450