2023 Ultra Masters All Canadian Throwing Awards (UMAC)

Updated February 29th, 2024

Performances updated from 'Rankings - 'MasterRankings.com' and 'Rankings - Athletics Canada'

Men's Shot Put

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Surname	First	Age	Result (m)		Surname	First	Age	Result (m)
Battiste	Art	80	10.18					
Brosz	Helmut	80	9.16					
Butcher	Bruce	88	8.09					
Deady	Michael	70	13.02					
Dhillon	Bakhshish	85	7.76					
Dyer	James	80	9.04					
East	Les	84	8.36					
Foster	Bruce	78	10.45					
Gautier	Paul	58	13.54					
Gemer	George	96	5.59					
Glowacki	Marek	82	11.65					
Greif	Justin	35	14.87					
Hessel	Patrick	71	11.55					
Huckerby	Ronald	94	4.56					
Morioka	Harold	80	9.50					
Nett	Arnold	90	7.15					
Parsons	Dan	55	12.82					
Pickering	Chris	34	14.18					
Stewart	Greg	37	14.62					
Szafranski	Login	71	11.37					
Toor	Harnek	77	9.93					
Warner	Damian	33	15.03					
Wiebe	Shane	53	13.52					
Wolters	Clarence	90	5.54					
Zapf-Gilje	Reidar	71	12.21					
Zowewych	Peter	72	11.32					