

June 14th, 2021

Ultra Throw Club – 2021 return to play

Our ingress and egress is the entrance to McLeod from 216 Street – we enter and leave McLeod from the parking lot (adjacent to our storage building and public washrooms)

Coach is supplied with an up-to-date member list with full contact information and maintains an attendance record of every session

“Ultra Throw agrees to all of the following protocols”

Appendix F – Sport Specific Activity Protocols (Track & Field)

General

- Follow all **physical distancing** and **mask usage** requirements as stated in the Safety Guideline for Facility User Groups
- Please follow the rules and regulations for **spectators** as stated in the Safety Guideline for Facility User Groups
- Please follow the rules and regulations for **game play** as stated in the Safety Guideline for Facility User Groups
- No sharing equipment between participants.
- Each participant must have their own clearly marked water bottle.
- Keep detailed records of all participants in sessions. Details should include full contact information, date, time and location of activities.
- Supply all participating groups with appropriate cleaning/sanitizing products (ie, wipes, hand sanitizer, gloves, masks, plastic waste bags, etc.).

Facility Information

- No more than **50** individuals per facility. This includes participants, coaches, officials, assistance, and 2 designated off-floor safety officers.
- Fields will have one exit and one entrance to help maintain physical distance from one another. Please follow the Ingress and Egress maps.
- The start and end times of training sessions will have 15 minutes between sessions to allow coaches and players the appropriate physical distancing requirements and guidelines of health authorities.
- Hand sanitation stations or hand washing must be readily available for all participants.

Before Activity Starts

- Organizers must screen participants for symptoms at the start of each session. Verbal acknowledgement must be given that an individual is symptom-free and healthy to participate. If an individual is showing signs of cold, flu, or COVID-19 with coughing or sneezing, they must be removed from the activity and self-isolated immediately.
- Each participant must arrive and depart from facility dressed, wearing all required protective equipment (dress at home, parking lot, or park).
- Parent/guardian and athlete arrive facility and stay in vehicle until a set time (ie, 15 minutes) prior to the activity. Keep gear bags in vehicle or in a separate area within the facility.
- Coaches and staff/team managers must record attendance (names & numbers) for every activity.

Throws

- **Coaching groups will not exceed 5 participants – maximum 3 groups.**
- **Access to equipment room is by coaches only.**
- **Practice physical distancing by keeping three meters away from one another at all times.**
- **Coaches and athletes will ensure all equipment is used by one athlete and then thoroughly cleaned according to guidance before and after each session.**
- **Athletes will retrieve their own throwing implements.**
- **Personal aides like gloves, wrist straps, chalk, tape will not be shared between athletes.**
- **A coach or a specific individual will be appointed to using or moving equipment like toe boards, brooms, wrenches, etc.**
- **Coaches cleaning any equipment should use gloves and wash their hands often.**
- **Disinfectant wipes will be supplied at each practice area**

General During Activity

- Follow all **physical distancing** and **mask usage** requirements as stated in the Safety Guideline for Facility User Groups

After Activity

- Follow all facility guidance with respect to exit flow.
 - All participants are to leave the playing field immediately after the game.
 - No team meetings at the venue post game.
- Follow all **physical distancing** and **mask usage** requirements as stated in the Safety Guideline for Facility User Groups
- The organization is responsible for sanitization of all high touch surfaces and shared equipment both before and after the game.
- Follow all facility guidelines pertaining washroom use.

June 22nd, 2021 – September 30th, 2021